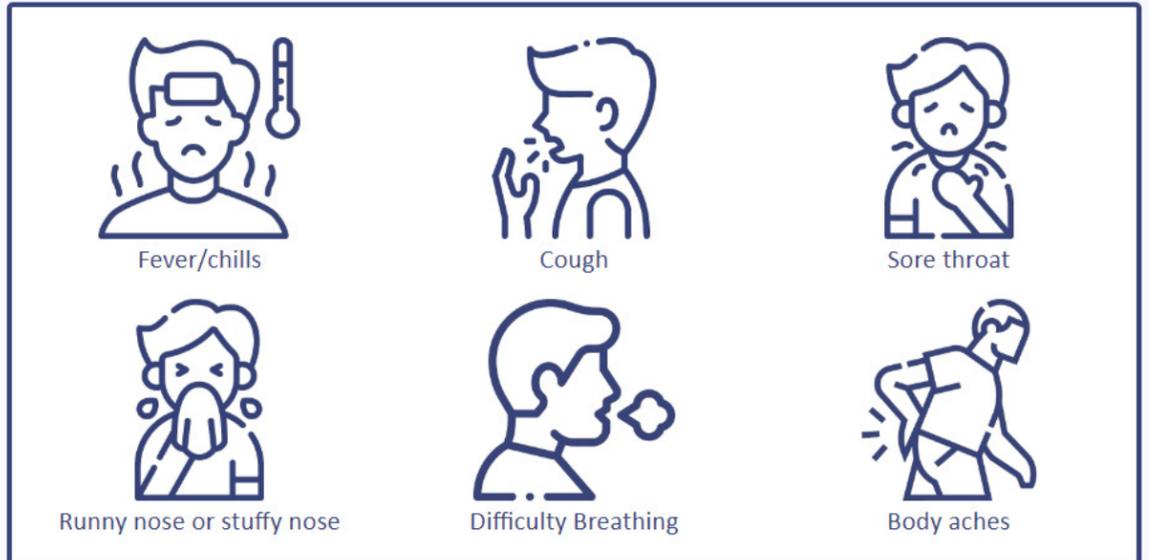


KEY INFORMATION IF: YOU HAVE ARI SYMPTOMS OR ARE A CLOSE CONTACT

Acute Respiratory Illness (ARI) includes conditions triggered by various pathogens, such as COVID-19, influenza (flu), and respiratory syncytial virus (RSV). COVID-19, flu and RSV are some of the diseases caused by viruses that have very similar symptoms. Illness can be mild to severe, and some people may have no symptoms. Those who do get sick may experience any of the following:



IF YOU FEEL SICK WITH COLD, FLU OR COVID-19 SYMPTOMS:

1. Stay home away from others until you have not had a fever for 24 hours (without using fever-reducing medication) and other symptoms are improving. Public Health recommends testing negative before resuming normal activities.
2. Wear a well-fitting mask around others while you feel sick. Masks can help prevent spread of germs.
3. Test for COVID-19. Consider testing for flu in addition to COVID-19 if you are at high risk of severe illness. Testing is a prevention strategy that can assist in making decisions with your provider to further protect yourself and others.
4. Speak with **Campus Safety** to review the Community Guidelines.

IF YOU TEST POSITIVE FOR COVID-19:

1. Stay home away from others until you have not had a fever for 24 hours (without using fever-reducing medication) and other symptoms are improving. Public Health recommends testing negative before resuming normal activities.
2. Wear a well-fitting mask around others while you feel sick. Masks can help prevent spread of germs.
3. Speak with **Campus Safety** to review the Community Guidelines.

YOU MAY RETURN TO CAMPUS ACTIVITY ONLY IF YOU:

- ▶ Have been fever free for 24 hours (without fever-reducing medicines), **AND**
- ▶ Do not have symptoms or your symptoms are mild and improving, **AND**
- ▶ Wear a well-fitting mask around others for 10 days*.

**If a mask cannot be worn, campus activity may resume after Day 10. You can remove your mask sooner with two sequential negative tests at least one day apart.*

KEY INFORMATION IF: YOU HAVE ARI SYMPTOMS OR ARE A CLOSE CONTACT

IF YOU ARE A CLOSE CONTACT:

IMPORTANT! If you are **NOT** experiencing symptoms consistent with COVID-19, you may continue to access campus.

DAYS

- 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

Day 0: Symptoms begin, positive test taken, or exposure occurred.

EXPOSED TO OR POSITIVE FOR COVID-19? WEAR A MASK FOR 10 DAYS

Wear a well-fitting mask.

- Wear a highly protective mask (surgical, N95 or similar) around others while indoors, except when eating or drinking, for 10 days after the last date of exposure.

Monitor for symptoms.

- Monitor yourself for symptoms for 10 days following your exposure. If you begin to experience symptoms, get tested.

Take a COVID-19 test 3-5 days after exposure.

- Even if you have no symptoms, you should test with an FDA-authorized viral COVID-19 test (e.g., Antigen test, including at-home tests) 3-5 days following the last date of exposure.
- If the result is positive, follow the community guidelines and do not access campus until you meet criteria to return.
- If negative, continue to monitor for symptoms until Day 10.

EMPLOYEE MASKING

Faculty, staff and student workers may request medical grade, surgical masks, or higher level PPE (e.g., N95 or KN95 masks). Faculty, staff and student workers may find how to request a medical grade mask or higher level PPE on myMSMU.

LA COUNTY RESOURCES

- Public Health: COVID-19 Testing
- Public Health: COVID-19 and Acute Respiratory Illness (ARI) Community Guidelines
- Public Health: COVID-19 & Flu Vaccines
- Public Health: Medicine to Treat COVID-19
- Public Health: When to Wear a Mask